

## Southside Community Center

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Bus Lines: 27 and 68

Types of Programs: Fee class, rental, senior programs, senior nutrition, and special events.

### GETTING TO SOUTHSIDE

County Transit bus lines #27 and #68 run very close to our Center. #27 stops right in front on Poughkeepsie Road and #68 stops across the street on Cottle Road in front of the Unocal 76 Gas Station. We are down the street from Light Rail.

## ARTS & CRAFTS

### My First Art Class

**\$43**

Spend quality time with your toddler creating art and having fun together! Each week will feature a new theme with five art stations all consisting of new and exciting projects. The class ends on a musical note with lots of singing and dancing and having too much fun! Parents must attend class with registered child only. See instructor for optional \$16 toddler art project book.

*Instructor: My First Art Class*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.104	W	4/12-5/3	9:30-10:30am	18-36m	4	SS
216.4.105	W	4/12-5/3	10:45-11:45am	2-5	4	SS
216.4.106	W	5/10-5/31	9:30-10:30am	18-36m	4	SS
216.4.107	W	5/10-5/31	10:45-11:45am	2-5	4	SS

### Fun with Mud

**\$132**

Get your hands dirty while you tackle the basics of sculpting forms & experience the joy of slippery clay through your fingers. Students will engage in fun & learning as they take a trip to the Museum & explore SJMA's Collection Highlights. Students will create their own ceramic "master piece" inspired by the art they have seen & experienced.

*Instructor: San José Museum of Art*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.102	Th	4/13-6/8	4-5:30pm	7-12	9	SS



The date, time and location of activities published are correct at the time of publication. Due to unforeseen circumstances, the information published may change.

## ARTS & CRAFTS

### Photography for Beginners - New

**\$57**

Learn the basics of photography. You will have the opportunity to find interesting scenes to photograph in the park. Start your own scrapbook with the pictures you take yourself. This class is perfect for boys and girls who want to be creative.

*Instructor: Camp Carter Intl.*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.103	Th	4/13-6/1	6:30-7:30pm	12+	8	SS

### Young Artists' Workshop

**\$105**

Join us for a series of drawing and painting classes designed to encourage students to uncover their hidden talents. Exploring the vast and intricately detailed drawings and paintings from SJMA's exhibition, Sandow Birk's Devine Comedy, students will become inspired to create their own epic compositions. Eyes will focus on the basic visual elements of line, gesture, shape, volume, value, and composition. In the studio, students will use a variety of media such as ink, oil pastels, watercolor, tempera, charcoal, and graphite to create drawings and paintings with movement, feeling and narrative potential. Drawing and painting approaches will be combined to create monotype prints and wax-resist paints. Materials are included for the first day of instruction only.

*Instructor: San Jose Museum of Arts*

Course#	Days	Date	Time	Age	Mtg.	Loc.
216.4.109	T	4/11-5/16	4-5pm	6-12	6	SS

## DANCE

### Ballet & Tap Level I

**\$49**

Beginning lessons for ballet/tap. Students must wear tap or hard soled shoes for tap and for ballet must wear ballet shoes or socks and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital. **Location:** (DAA): 5725 Winfield Blvd #4

*Instructor: Dance Arts Academy*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.201	T	4/11-5/30	12-12:55pm	3-5	8	DAA
216.4.202	W	4/12-5/31	9-9:55am	3-5	8	DAA
216.4.203	W	4/12-5/31	4:30-5:25pm	6-11	8	SS

### Cheerleading

**\$72**

This energetic class will get you up and going. Learn the latest cheerleading moves and put together a cheer routine. Improve your coordination and balance while having fun.

*Instructor: Camp Carter Intl.*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.206	T	4/11-6/13	5:15-5:55pm	5-7	10	SS
216.4.207	T	4/11-6/13	6-6:40pm	8-13	10	SS

**Dancin' Boogie Babies \$86**

Come have some fun with your little one doing the Boogie Woogie Bear! You and your baby will sing and dance to lively nursery songs and show tunes like "Bingo," "Wheels on the Bus," "Head and Shoulders, Knees and Toes," and more. Jump, run, hop and boogie away with hula-hoops, balls, scarves, and beanbags. Come play with musical instruments, tunnels, balls and parachute away.

No Class 5/29

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.216	M	4/10-6/5	10:30-11:15am	19-30m	8	SS

**Floor Gymnastics \$49**

Do you like to move? Come and learn basic gymnastic skills such as cartwheels, backbends, and more. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.204	T	4/11-5/30	4:15-5:15pm	6-10	8	SS

**Jazz Dance/Fitness \$86**

Come learn really neat dance steps and moves to lively energizing music. Class includes warm-up and cool down exercises, with across the floor dance steps. A great class for all of your active girls and boys.

No Class 5/29

Instructor: Dancekids

Course #	Day	Date	Time	Age	Mtg	Loc.
216.4.224	M	4/10-6/5	3-4pm	6-8	8	SS

**Jazz/Hip-Hop Dance \$49**

Explore beginner and intermediate hip-hop dance through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and of course, have fun doing it! Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.208	W	4/12-5/31	5:30-6:30pm	6-11	8	SS

**Kindergymnastics \$49**

Designed to teach basic gymnastic skills, including movement exploration, balance and coordination. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Location: 5725 Winfield Blvd. #4

Participant needs to be potty trained.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.209	T	4/11-5/30	11am-12pm	3-6	8	DAA
216.4.210	W	4/12-5/31	10-11am	3-6	8	DAA

**Gymnastics: Parent and Tot \$49**

This is a parent participation class where the parent can work with their child to stimulate development through music, games, and body awareness. Only registered participants are allowed in the class.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.211	T	4/11-5/30	10-11am	22-36m	8	DAA
216.4.212	W	4/12-5/31	11am-12pm	22-36m	8	DAA

**Tiny Tot Tap/Ballet Combo \$86**

Come join the fun! This class is a joyful introduction to tap and ballet. Learn ballet positions and tap routines using basic steps and have lots of fun developing coordination and sense of rhythm. Ballet and tap shoes are recommended. Parents may observe the first class in the session and the presentation on the last day of class.

Participants need to be potty trained.

No Class 5/29

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.223	M	4/10-6/5	9:30-10:15am	2.5-4.5	8	SS

**Tap & Ballet \$86**

In this joyful combination class of ballet and tap, routines, steps, and ballet positions will be taught. Come shuffle those happy feet and learn some basic tap steps and routines. A fun class for everyone, it also builds self-confidence, grace, coordination, and a sense of rhythm, flexibility and more! Parents may observe the first class in the session and the presentation on the last day of class.

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.215	F	4/14-6/2	2-2:45pm	3-5	8	SS

**Twinkle Toes Ballet \$86**

This "serious fun" class for tiny tots will teach grace, coordination, balance and improve your child's rhythm. Simple ballet positions and steps will be taught to beautiful classical music. Ballet shoes are recommended.

No Class 5/29

Instructor: Dancekids

Course #	Day	Date	Time	Age	Mtg	Loc.
216.4.214	M	4/10-6/5	11:30-12:15pm	3-5	8	SS

**MUSIC/THEATER ARTS****Art Adventures \$91**

Children embark on an imagination journey filled with fun and fantasy! In this spectacular course, designed specifically for young artists, students experience each of the art discipline: creative drama, dance and visual arts. Each class presents a different theme through fun and engaging activities. Through this course, preschoolers develop skills to prepare them for the next stage of growth. From the ocean to the jungle, royal castles to safari scenes, children set off on a course of adventure with costumes, props, music, arts & crafts and lots and lots of imagination! Art Adventures is about exploring, creating, experimenting, and having fun. As a result, children build self-esteem, are inspired to develop individual talents, and realize the artist that lies within each of them! \* parent & child class.

Instructor: CLAP

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.401	T	4/11-5/30	10-10:45am	2-4*	8	SS
216.4.402	T	4/11-5/30	10:45-11:30am	3-5	8	SS

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## MUSIC/THEATER ARTS

### Happily Ever After - New \$80

Take a journey through Mother Goose and Fairytale Land! This parent/toddler class will introduce children to many classic fairy tales and nursery rhymes and provide a great space to socialize with other tiny tots. We'll make the stories come alive through music and song, creative movement, crafts and story time. Enjoy some great quality time with your child while exposing them to the classics every child should know!

*Instructor: CLAP*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.403	T	4/11-5/30	9:30-10am	18-36m	8	SS

### Little Shining Stars \$86

A fun drama class designed specifically for preschoolers. Has your little one expressed interest in getting on stage? Was he or she born to perform? Foster confidence and self-esteem in your child while they explore creativity and imagination through fun-filled drama games and activities. Students will explore movement, puppetry, rhythm, mime, and acting in a supportive and positive environment. Children won't want to miss out on this wonderful opportunity to experience the magic of theater and fun! Note: Dress comfortably.

*No Class 5/29*

*Instructor: Dancekids*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.410	M	4/10-6/5	1-1:45pm	3.5-5	8	SS

### The Joy of Theater Workshop \$99

In this six-class workshop, students explore movement, puppetry, rhythm, mime and acting in a supportive, non-threatening environment. Classes on costuming, directing, scenery and set design are also included. Children won't want to miss out on this wonderful opportunity to experience the magic of theater!

*No Class 5/29*

*Instructor: Theaterfun*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.409	M	4/10-6/5	4:45-5:45pm	7+	6	SS

### Piano/Keyboard - Level I \$93

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Level I: Beginner level with no prior keyboard experience. Access to a piano or keyboard is recommended. A \$7.50 music book fee for ages 6-12 is payable to the instructor and will be collected at the first class. Students must bring their own set of 1/4" headphones.

*Instructor: Noteworthy Music*

Course#	Day	Date	Time	Age	Mtg	Loc
216.4.405	Th	4/13-6/15	3:15-4pm	6-7	10	SS
216.4.406	Th	4/13-6/15	4-4:45pm	8-12	10	SS

### Piano/Keyboard - Level II \$93

Must have completed Level I or have prior piano experience.

Course#	Day	Date	Time	Age	Mtg	Loc
216.4.407	Th	4/13-6/15	4:45-5:30pm	6-12	10	SS

### Piano/Keyboard - Level II/III \$93

Course#	Day	Date	Time	Age	Mtg	Loc
216.4.408	Th	4/13-6/15	5:30-6:15pm	6-12	10	SS

### Video Production I - New \$57

Do you want to film your own videos but aren't sure where to start? This class is an excellent opportunity to learn the basics of video production. Take this class to start your future in film production.

*Instructor: Camp Carter Intl.*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.404	Th	4/13-6/1	7:30-8:30pm	12+	8	SS

## SPECIALTY CLASSES

### Academy of Future Space Explorers - New \$114

Mad Science and NASA have teamed up to bring you the excitement and wonder of space in the new voyage of discovery. See the principles of thrust and propulsion at work in a real rocket launch. Explore the atmosphere on earth and beyond. Watch stardust burn, and journey through a galaxy as you investigate the life cycle of stars. Explore the farthest reaches of our solar system and create a lunar eclipse in this "mad" planetary tour. Probe the meteors and bounce around satellite light as you learn about space phenomena. Imagine the life of an astronaut as you suit up for space flight. This is an experience that is truly out of this world!

*No Class 5/29*

*Instructor: Mad Science*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.603	M	4/10-6/5	4-5pm	5-12	8	SS

### Chess - New \$57

Ever wanted to learn how to play chess, but never could understand it? Here is a class where you will learn the basics of chess. By the end of class you will learn simple strategies and how to develop basic combinations for a winning chess game. This class helps develop critical thinking skills while having fun. Chessboards are provided for the class. There will be a chess tournament on the final day of class.

*Instructor: Camp Carter Intl.*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.610	M	4/10-6/5	5-6pm	6+	8	SS

### Chinese Language \$72

Have you ever wanted to learn another language? Well, this is your chance to learn the beautiful Mandarin language and about the wonderful country of China. At the end of this class, you will have learned basic conversational phrases and vocabulary. Try a new adventure while expanding your mind.

*Instructor: Camp Carter Intl.*

Course#	Day	Date	Time	Age	Mtg	Loc
216.4.605	W/F	4/12-5/12	6-7pm	12+	10	SS

**Earthworks! - New \$94**

Discover the earth in this series of workshops. Get up close and personal with worms, and take one home for your garden! Become a Jr. Paleontologist as you go on your own dinosaur dig. Learn about animals and their habitats. Find out why opposites attract as you learn all about magnets. Play with water as you learn about floating, sinking, density, and experiment with bubbles and different bubble makers.

*Instructor: Mad Science*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.609	Th	4/13-5/18	10:30-11:15am	3-5	6	SS

**Kids Cooking for Parents - New \$70**

Learn the basic cooking skills for making wonderful meals for your parents. You will learn safe cooking techniques, make delicious recipes and have fun doing it all at the same time. A minimum of seven meals will be taught in the class. Make sure to save room in your tummy to taste the end results of each class meeting. Ingredients are included in the cost of the class.

*Instructor: Enos*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.616	Th	4/12-5/24	4-5pm	10+	7	SS

**Manners, Inc. Workshop \$99**

Designed for boys & girls, this workshop is a fun course in manners & communication skills, both oral and written. Children apply what they learn in this program at a potluck held the last day of class. Parents are invited to the potluck!

*Instructor: Theaterfun*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.612	M	4/10-5/15	3:30-4:30pm	7+	6	SS

**Manners for Little People \$99**

Designed for young children, this workshop is an inter-active course in manners & etiquette where children will have fun as they learn new behaviors. Children apply what they learn in this program at a potluck held the last day of class. Parents are invited to the potluck!

*Instructor: Theaterfun*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.613	T	4/11-5/16	3:30-4:30pm	4-6	6	SS

**Movin' and Groovin' - New \$114**

Let your imagination soar as you learn about the forces of energy, motion and gravity. Experiment with the effects of inertia and friction on planes, trains and automobiles. Discover how science and art are related, and make your own paint to take home with you. Explore the animal kingdom, and learn about feathers, fins, and fur. Then hold your breath as we dive beneath the ocean surface to study buoyancy and the animals that live under the sea.

*No Class 5/29**Instructor: Mad Science*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.604	M	4/10-6/5	5:15-6:15pm	5-12	8	SS

**Poem Crazy \$99**

In this exciting, activity-filled workshop, children will discover their poetic voice by taking poem walks, creating word pools, and exploring the five senses and expressions of emotion. Rather than imitating others, this workshop will guide young poets in relying on their own multi-sensory experience to create individual and unique works of poetry. Children will play imaginative word games and discover new ways to describe images, scents, sounds, tastes, textures & themselves! At the conclusion of this 6-session workshop, the young poets will have learned the value of journal writing and will have completed a number of original poems to read at their very own poetry reading. Exercises are based on research done on California Poets in the Schools and the California Standard of Education.

*Instructor: Theaterfun*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.615	M	4/10-5/15	6-7pm	9+	6	SS

**Science Rocks! - New \$94**

Discover some fundamentals of science in this series of workshops. Learn all about chemistry by mixing stuff together. Join the Mad Science Astronaut in Training program and learn about the elements of space. Listen to sounds and rhythm and study the science of music. Learn about the power of air, and build your own cloud climber. Create a cloud in a bottle and make it rain . . . inside!

*Instructor: Mad Science*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.607	Th	4/13-5/18	9:30-10:15am	3-5	6	SS

**Simple Charm for Girls Workshop \$99**

This workshop is a course in etiquette and inner beauty that includes a fashion show performed by the students. The last class will include a potluck designed to reinforce the manners they have learned throughout the course. Parents are invited to the potluck and fashion show!

*Instructor: Theaterfun*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.614	T	4/11-5/16	4:45-5:45pm	7+	6	SS

**Pageant & Runway Modeling \$49**

BE A STAR!!! Learn the basic steps of pageantry and runway modeling. The class will help build confidence and self-assurance through basic skills and routines. The class will end with a show on the last day of the session. Parents are welcome to stay for the first 15 minutes of the first day of class and on the last day of class.

**Participants need to be potty trained.**

*Instructor: Dance Arts Academy*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.620	W	4/12-5/31	3:30-4:20pm	3-6	8	SS
216.4.621	W	4/12-5/31	4:30-5:20pm	7-11	8	SS

**Spanish Language \$72**

This is a class designed to gain the basic knowledge of the Spanish language. This course is a great opportunity for you to learn the foundation of the language. It is a fast and easy way to learn Spanish along with some culture and history.

*Instructor: Camp Carter Intl.*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.606	M/W	4/10-5/12	6-7pm	10+	10	SS

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## SPORTS & FITNESS

### Ice Skating Lessons **\$114**

In this eight week introductory series we will cover the proper way to fall down, get up, two foot glide, one foot glide, forward swizzles, forward stroking, backward swizzles, stopping and an introductory spin. The series includes a 30-minute class once a week and the public session the day of the class. **Location:** 1500 S. 10th St.

*Instructor: Ice Centre*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.501	F	4/14-6/2	3:30-4pm	7-12	8	SJIC
216.4.502	F	4/14-6/2	4-4:30pm	13+	8	SJIC

### Ice Skating Lessons for Parent & Child **\$114**

Spend an hour with your child learning/enhancing basic skating moves. Logitech Ice Center is offering an 8 week introductory series that will cover the proper way to fall down, get up, two footed glide, one foot glide, forward swizzles, forward stroking, backward swizzles, stopping, and an introductory spin (please be advised some skills may not be covered due to experiences of participants). The series includes a 30 minute class once a week and the public session the day of the class. Skate rental is included in the class price. **Location:** 1500 S. 10th St.

*Instructor: Ice Centre*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.503	T	4/11-5/30	2:30-3:30pm	3-6	8	SJIC

### Kidz Love Soccer **\$74**

Kidz 3.5-12 years of age learn the world's most popular sport from professional coaches licensed in the Kidz Love Soccer method; a session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "where the score is always fun to fun™" Log onto [www.kidzlovesoccer.com](http://www.kidzlovesoccer.com) for more information.

**Tot Soccer (3.5-4yrs.)**- Young children will develop large motor skills while having fun running and kicking just like the big kids! Shin guards are required by the second meeting

**Presoccer (4-5yrs.)**- Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required by the second meeting

**Soccer 1 (5-6yrs.)**- Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required by the second meeting

**Soccer 2 (7-8yrs.) & Soccer 3 (9-12yrs.)**- Play the exciting game of Soccer! Explore the real sport, yet still in an instructional and nurturing environment. Be challenged by real soccer situation, venture into the fun tactical side of scrimmaging. Players 7-12 years will enjoy age appropriate soccer matches and be guided through the possibilities by a KLS youth specialist. Attack and Scoring goals! Pace and Possession! Defense and Transition! Themes such as these and continued skill building will be explored fully on the soccer field by young soccer aficionados. " Kidz Love Soccer" where the score is always FUN to FUN!

**Rain out Hotline 1-800-871-2275**

### Tot Soccer:

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.511	T	4/11-5/30	9:30-10am	3.5-4	8	LC
216.4.512	Sa	4/15-6/3	4:20-4:50pm	3.5-4	8	LC
216.4.513	T	4/11-5/30	5:05-5:35pm	3.5-4	8	LC

### Pre-Soccer:

216.4.514	T	4/11-5/30	10-10:35am	4-5	8	LC
216.4.515	T	4/11-5/30	5:35-6:10pm	4-5	8	LC
216.4.516	Sa	4/15-6/3	2-2:35pm	4-5	8	LC

### Soccer 1:

216.4.517	T	4/11-5/30	3:20-4:05pm	5-6	8	LC
216.4.518	Sa	4/15-6/3	2:35-3:20pm	5-6	8	LC

### Soccer 2:

216.4.519	T	4/11-5/30	4:05-4:50pm	7-8	8	LC
216.4.520	Sa	4/15-6/3	3:20-4:05pm	7-8	8	LC

### Soccer 3:

216.4.521	T	4/11-5/30	4:05-5:05pm	9-12	8	LC
216.4.522	Sa	4/15-6/3	3:20-4:20pm	9-12	8	LC

### Little Ninja Fitness Fun **\$57**

This fun-filled class will give your child a great workout! Each little ninja will learn basic warm-up exercises, karate moves and fitness exercises. This is a great way to give your tot the chance to use their energy in a positive way. Check with your instructor on uniform, belt testing and certification at the end of the session.

*Instructor: Camp Carter Intl.*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.506	Th	4/13-6/1	11:45am-12:25pm	3-5	8	SS
216.4.507	F	4/14-6/2	11:45am-12:25pm	3-5	8	SS

### Parent/Child Karate **\$86**

This class is designed for the parent to work with their child in a Karate class. Get a great workout together. All classes include self-defense and stress the importance of self-confidence and mental discipline. Katas (forms) and tournament style kumite (sparring) are taught. Wear loose and comfortable clothing the first day of class, and check with the instructor for more details on clothing requirements. All levels are welcome. **\$86 per person.**

*No Class 5/29*

*Instructor: Camp Carter Intl.*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.508	M/W	4/10-5/19	6:30-7:30pm	5+	12	SS

### Mommy/Daddy & Me Soccer **\$74**

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

### Rain out Hotline 1-800-871-2275

*No Class 5/29*

*Instructor: Kidz Love Soccer*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.509	M	4/10-6/5	11-11:30am	2-3.5	8	LC
216.4.510	W	4/12-5/31	3:15-3:45pm	2-3.5	8	LC

**Tennis For Tiny Tots****\$80**

Young Children are introduced to tennis and helped to develop their necessary motor skills needed for athletic development. Age specific warm-ups, and instruction will include the new multi-colored foam balls and a mini net that enhances quicker learning. The goal of this program is to have fun while playing, and be taught simplified techniques, which will promote coordination and confidence. Instructor will provide racquets for student to use during class.

*Instructor: Silicon Valley Tennis*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.530	Th	4/13-6/1	3:30-4:15pm	6-8	8	CH
216.4.531	Th	4/13-6/1	11-11:45am	3-5	8	CH

**Jr. Tennis****\$114**

This class is for participants who would like to prepare to be in a league or in a tournament play, or who just want to advance their skill level for social tennis. Lessons and assignments will include additional techniques, spins, adding or subtracting power, conditioning and refining one's accuracy and much more. Skill levels will be assessed and help determine the over all direction of class instruction.

*Instructor: Silicon Valley Tennis*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.532	Sa	4/15-6/3	2-3pm	9-12	8	CH
216.4.533	Sa	4/15-6/3	3:30-5pm	13+	8	CH

**Karate – Beg. / Inter.****\$86**

This is a traditional Japanese style of Karate that combines Japanese style culture, philosophy, history and language. Katas (forms) and tournament style kumite (sparring) are taught. Class includes self-defense and stresses the importance of self-confidence and mental discipline. Please see instructor for clothing and equipment requirements. An exam fee is additional.

*Instructor: Camp Carter Intl.*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.504	M/W	4/10-5/19	5:30-6:20pm	5+	12	SS
216.4.505	M/W	4/10-5/19	6:30-7:20pm	5+	12	SS

**SPORTS LEAGUE****SJAS Sports Coed Modified Baseball/T-Ball** **\$68**

This sport is for girls and boys ages 4 to 12 years old. All games and practices are held on Saturdays at La Colina Park. Registration will BEGIN Monday, MARCH 13 and end on Monday, March 27. Registration will be walk-in Southside Community & Senior Center, 5585 Cottle Rd. or fax 408-365-7135. The league will begin Saturday, April 29 and end Saturday, June 17. Game times will vary between the hour of 9am and 3pm. Parents are needed as volunteer COACHES and must be fingerprinted. Please use the SJAS Sports registration form on page 191. Call 408-629-3336 for more information

Course#	Day	Date	Time	Age	Mtg.	Loc
216.4.906	Sa	4/30-6/18	Varies	4-12	7	LC

**FREE CLASS****HOOPS**

This is a one-of-a-kind, specialized, offensive skills basketball-training program. The instructor is a former draft selection of the Golden State Warriors, and 3rd all time leading scorer at St. Mary's College. The single goal of HOOPS is to teach the mechanics and key techniques to create separation from your defender. It can be a matter of inches in foot placement that determines whether you beat your man. You do not need to possess Allen Iverson's quickness to get open, but you do need to learn specific fundamental techniques, which create total economy of movement, and take full advantage of the talents you do possess. All facets of offensive mechanics are examined and corrected including footwork and foot position, ball-faking and ball position, "I dribble-drive technique", "3 step-jump shot technique", a variety of moves and counter-moves (cross-over jump shot, cross-over drive, "popping" jump shot, etc.) and court awareness training including reading and utilizing screens correctly. **The location is at the United Methodist Church, 1420 Newport Ave., San Jose 95125.**

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.801	M	5/15	5-6:30pm	10+	1	UMC

**ADULT CLASSES****Aerobic Kickboxing****\$57**

Want a high energy, fun way to exercise? Then this class is for you! Aerobic kickboxing is great for toning muscles, strengthening your cardiovascular system, and losing weight.

*Instructor: Camp Carter Intl.*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.701	W	4/12-5/31	6-7pm	8	8	SS
216.4.702	W	4/12-5/31	7:15-8:15pm	8	8	SS

**Belly Dancing****\$57**

Let this relaxing class teach you the beautiful art of belly dancing. This age old art includes graceful movements, calming music, and fun for all that are interested.

*No Class 5/29**Instructor: Camp Carter Intl.*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.704	M	4/10-6/5	6-7pm	16+	8	SS

**Happy Hour @ Home - New****\$70**

If your tired of making pigs in a blanket & deviled eggs for those social gatherings, come join this class for seven fun filled weeks of learning how to make delicious appetizers right in your own home. Each week will consist of different themes from the hot tropics of Hawaii to the Southern cooking of the south. Make sure to save room in your stomach to taste the end results of each class meeting. Ingredients are included in the cost of the class.

*Instructor: Enos*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.713	W	4/12-5/24	5:30-6:30pm	16+	7	SS

*Southside Community Center  
continues on the next page*



## 30-Minute Dinners - New \$70

For those on the go and in need of nutritious meals, we have a chef available to teach you the short cuts. You will learn how to infuse healthy, delicious and quick meals into your daily lives. No more drive thru dinners and take out. Each week will consist of a different meal. Make sure to save room in your stomach to taste the end results of each class meeting. Ingredients are included in the cost of the class.

*Instructor: Enos*

Course #	Day	Date	Time	Age	Mtg	Loc
216.4.714	W	4/12-5/24	6:30-7:30pm	16+	7	SS

## Pilates \$57

Come and learn the basics of Pilates mat work! These exercise techniques can be used to strengthen and tone your abs, hips and thighs. This class promotes flexibility, agility, good posture, and body awareness.

*No Class 5/29*

*Instructor: Camp Carter International*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.708	M	4/10-6/5	6-7pm	16+	8	SS

## Salsa Dancing \$57

Salsa is the hottest Latin dance in the nightclubs today. Join this high energy class, socialize and have lots of fun. All the basics will be covered: Salsa rhythm, footwork, leading, following, patterns, shine steps, and pattern combinations. Come as a couple or alone, we will change partners at times.

*Instructor: Camp Carter International*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.709	T	4/11-5/30	7-8pm	16+	8	SS

## Step Aerobics \$143

This is a beginning level class including body toning. This fun, cardiovascular, low impact, high intensity workout will get you in shape.

*Instructor: Ridi*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.706	T/Th	4/11-6/15	7:15-8:15pm	16+	20	SS

## Step Aerobics \$40

*Instructor: Ridi*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.707	Sa	4/15-6/3	8:30-9:30am	16+	8	SS

## Low Impact Aerobics \$143

A total body workout designed for the beginner. Learn low impact exercise moves that strengthen, tone and shape your muscles. Join us and get in condition for summer.

*Instructor: Camp Carter Intl.*

Course #	Day	Date	Time	Age	Mtg.	Loc.
216.4.705	T/Th	4/11-6/15	6-7pm	16+	20	SS



...in sports as in every area of life,  
the desire to excel  
is within everyone...

## Yoga \$138

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture.

*Instructor: Pickel*

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.4.711	T	4/11-6/13	6-7:30pm	18+	10	SS
216.4.712	T	4/11-6/13	7:30-9pm	18+	10	SS

## SKYHAWKS SUMMER CAMPS

### Beginning Golf \$120

Beginning Golf programs will be offered separately for children aged 5 to 8, and 9 to 11. For Beginning Golf, Skyhawks will be combining the SNAG Coaching System and equipment, with our flair for safe and fun sports instruction.

**What is SNAG?** SNAG is the revolutionary new system for training beginning golfers using the most fun golf equipment around. SNAG has created an entirely new approach to learning golf, one that is fun, creative and educational. Instead of swinging and missing the traditional golf ball, our golfers will experience success by using larger, softer Snagballs that:

- Are safer; Are easier to hit;
- Significantly close the gap between the shots of the novice and the shots of an expert;
- Work in any environment (grass, dirt, pavement); and
- Stick to the flagstick.

Instead of putting into belowground cups, beginning golfers will aim for the Flagstickys - three-dimensional, aboveground Velcro targets that retain the qualities of the traditional golf hole.

Instead of parents investing in expensive golf clubs, Skyhawks will provide Launchers and Rollers designed with larger heads and greater hitting surfaces that:

- Make it easier to hit the ball while learning proper swing techniques; and allow for a wider variety of shots.

Skyhawks' goal is to build confidence while teaching proper technique and etiquette. Beginning Golf - don't putt it off another minute! Participant-to-coach ratio is approximately 8:1.

Beginning Golf participants must bring:

- T-shirt/shorts/sweats/socks (i.e., appropriate clothing)
- Two Snacks & Water Bottle
- Shoes (running shoes are fine)
- Sunscreen

Beginning Golf participants will receive:

- T-Shirt.
- \$10 Equipment fee

Course #	Day	Date	Time	Age	Mtg	Loc
216.1.535	M-F	6/19-6/23	9am-12pm	5-8	5	LC
216.1.536	M-F	6/19-6/23	9am-12pm	9-11	5	LC
216.1.537	M-F	8/7-8/11	9am-12pm	5-8	5	LC
216.1.538	M-F	8/7-8/11	9am-12pm	9-11	5	LC

## EARLY CHILDHOOD RECREATION

### Tiny Tots

*Please read the ECR Policy below.*

This class emphasizes on an INTRODUCTION to age appropriate activities, which may include, but not limited to crafts, shapes, parties, games, colors, hand/eye coordination, holiday activities/events, motor skills. The class is designed to stress fun and encourage independence, but not force the children to participate in all activities. Our goal is to have the children enjoy their time in a classroom atmosphere. Please include a copy of the child's birth certificate with the registration. The child must be toilet trained. Please include a bag lunch per child, per class.

*No Class 5/29*

Course #	Day	Date	Time	Age	Mtg.	Loc.	Price	Instructors
216.4.301	M/W/F	4/10-6/9	9:15am-12:15pm	3-4	26	SS	\$312	Antuzzi/ Randhawa
216.4.302	T/Th	4/11-6/8	9:15am-12:15pm	3-4	18	SS	\$216	Antuzzi/ Randhawa
216.4.303	T/W/Th	4/11-6/8	12:45-3:45pm	3-4	27	SS	\$324	Antuzzi/ Ortiz

### Kinder Tots

This class emphasizes on ENHANCING age appropriate activities, which may include, but not limited to letters, numbers, crafts, games, parties, holiday activities/events, independence, and shapes. The class is designed to stress fun and encourage, but not force the children to participate in all activities. Our goal is to have the children enjoy their time in a classroom atmosphere. Please include a copy of the child's birth certificate with the registration. The child must be toilet trained. Please include a bag lunch per child, per class.

*No Class 5/29*

Course #	Day	Date	Time	Age	Mtg.	Loc.	Price	Instructors
216.4.304	T-F	4/11-6/9	9:15am-12:15pm	3.5-4	36	SS	\$432	Roth/ Torres
216.4.305	T-Th	4/11-6/8	12:45-3:45pm	3.5-4	27	SS	\$324	Roth/ Torres

### Kinder Ready

This class emphasizes on REFINING age appropriate activities, which may include, but not limited to alphabet sounds, numbers, colors, parties, motor movements, crafts, games, story time, and holiday activities/events. Our goal is to have the children enjoy their time in a classroom atmosphere. Please include a copy of the child's birth certificate with the registration. The child must be toilet trained. This class is designed for students that are turning 5 years old by December 2, 2006. NO EXCEPTIONS. Please include a bag lunch per child, per class.

*No Class 5/29*

Course #	Day	Date	Time	Age	Mtg.	Loc.	Price	Instructors
216.4.306	M-Th	4/10-6/8	9am-1pm	4.5-5	35	SS	\$560	Coffee/ Ulrich
216.4.307	T-F	4/11-6/9	9am-12:30pm	4.5-5	36	SS	\$504	Baldanado/ Rice
216.4.308	T-F	4/11-6/9	1-4:30pm	4.5-5	36	SS	\$504	Baldanado/ Rice

*Southside Community Center continues on the next page*



## Early Childhood Recreation Class Requirements

Please consider the following policies and requirements before registering for any Early Childhood Recreation (ECR) class offered by the City of San José. There will be no exceptions made in their regard. Non-registered children are not allowed in class at any time. Please make arrangement for siblings on your participation day. Each child must be the required age on the first day of class. A birth certificate may be requested for age confirmation. Participants must be toilet trained. (Except Time For Twos.) You may enroll each child in only one of the ECR classes. Please note the City of San José, Department of Parks, Recreation and Neighborhood Services provides recreational programs only and is not licensed childcare. Please have a bag lunch.



**Adopt-A-Park** Looking for a way to participate in your community?  
Adopt a park or trail. **Call 408-793-4190**



## Baseball \$140

Tailored to beginning and intermediate players, this program teaches skills required for success in youth baseball. We have found that the use of safety bats and balls has helped to strengthen the spirit and pace of the game, while maintaining safety. Participant-to-coach ratio is approximately 12:1.

Baseball participants must bring:

- Baseball Glove (Please have your name and phone number marked on the glove.)
- T-shirt/shorts/sweats/socks (i.e., appropriate clothing)
- Lunch, Snack & Water Bottle (for programs over four hours)
- Shoes (running shoes are fine) • Sunscreen

Baseball participants will receive:

- Baseball, T-shirt & Player Evaluation form filled out by their coach.

Course #	Day	Date	Time	Age	Mtg	Loc
216.1.539	M-F	7/31-8/4	9am-3pm	6-12	5	LC

## Mini-Hawk \$110

An introductory program for young children, Mini-Hawk helps children explore soccer, baseball and basketball in a day-program setting. No pressure, just lots of fun while these young athletes participate in all three sports through unique Skyhawks games. Our Mini-Hawk coaching staff is trained to meet the special needs of young children. Staff are committed to helping children start off on the right foot, as they take their first steps into athletics. Participant-to-coach ratio is approximately 8:1.

Mini-Hawk participants must bring:

- Shin Guards
- T-shirt/shorts/sweats/socks (i.e., appropriate clothing)
- Two Snacks & Water Bottle
- Shoes (running shoes are fine) • Sunscreen

Mini-Hawk participants will receive:

- Mini-Basketball & T-shirt.

Course #	Day	Date	Time	Age	Mtg	Loc
216.1.540	M-F	6/26-6/30	9am-12pm	4-7	5	LP
216.1.541	M-F	7/31-8/4	9am-12pm	4-7	5	LP

## Tennis \$110

Our tennis program provides the beginning and intermediate player with the fundamental skills needed to participate in this lifelong sport. Participants learn proper techniques including grip, footwork, ground strokes, volleys, overheads and serves. We also cover the rules and etiquette of the game. Drills and Skyhawks games improve the abilities of players in a fun fashion. Participant-to-coach ratio is approximately 8:1. (We utilize one court for eight kids.)

Tennis participants must bring:

- Tennis Racket
- T-shirt/shorts/sweats/socks (i.e., appropriate clothing)
- Two Snacks & Water Bottle (for programs four hours or less)
- Shoes (running shoes are fine) • Sunscreen

Tennis participants will receive:

- T-Shirt and Player Evaluation form filled out by their coach.

Course #	Day	Date	Time	Age	Mtg	Loc
216.1.542	M-F	7/10-7/14	9am-12pm	7-14	5	LP
216.1.543	M-F	8/14-8/18	9am-12pm	7-14	5	LP

## Sunshine Summer Day Camp \$188

The camp consists of a two-week session Monday through Friday for children ages 8 to 12 years old. The campers will enjoy structured arts & crafts, sports, games, trips, guest speakers, cooking and barbecues. Each child will need to bring a bag lunch unless specified otherwise. Registration will begin Monday, April 3. Registration will continue until all spaces are full. Registration is on a first come first served basis. Please use the Summer Camp registration form.

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.1.921	M-F	6/19-6/30	9:30am-3:30pm	8-12	10	L. P.
216.1.922	M-F	7/3-7/14	9:30am-3:30pm	8-12	9	L. P.
216.1.923	M-F	7/17-7/28	9:30am-3:30pm	8-12	10	L. P.
216.1.924	M-F	7/31-8/11	9:30am-3:30pm	8-12	10	L. P.

## Jr. Sunshine Summer Day Camp \$198

The camp consists of a two-week session Monday through Friday for children ages 5 to 7 years old. The campers will enjoy structured arts & crafts, sports, games, trips, guest speakers, cooking and barbecues. Each child will need to bring a bag lunch unless specified otherwise. Registration will begin Monday, April 3, 2006. Registration will continue until all spaces are full. Registration is on a first come first served basis. Please use the Summer Camp registration form.

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.1.931	M-F	6/19-6/30	9:30am-4:30pm	5-7	10	SS
216.1.932	M-F	7/3-7/14	9:30am-4:30pm	5-7	9	SS
216.1.933	M-F	7/17-7/28	9:30am-4:30pm	5-7	10	SS
216.1.934	M-F	7/31-8/11	9:30am-4:30pm	5-7	10	SS

## SENIOR PROGRAMS

For more information on the Southside Senior program, see page 25.

## YOUTH PROGRAMS

For more information on Youth Programs in the Southside Area, see the Los Paseos Youth Center on page 123.



## SAN JOSE AFTER SCHOOL

### Southside Area

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-277-5123.

#### Types of Programs

**Level 1: Homework Assistance.** Level one sites offer after school homework help at many locations in San José.

**Level 2: Safe and Accessible After School Programs.** Level two sites offer integrated recreation and literacy and math enrichment programs.

**Level 3: Integrated and Comprehensive approach After School Programs.** Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

**Please contact your Community Center for more information on program site levels.**

See Gardner Community Center for other additional classes in the St. James area.

Sites	Time
Anderson Elementary School	*
Baldwin Elementary School	*
Bernal Intermediate School	*
Caroline Davis Intermediate School	*
Christopher Elementary School	2:30-6pm
Eden Palms Apartments	*
Edenvale Elementary School	2:30-6pm
Frost Elementary School	*
George Miner Elementary School	2:30-6pm
Glider Elementary School	*
Hayes Elementary School	*
Herman Intermediate School	*
Ledesma Elementary School	*
Martin Murphy Middle School	*
Oak Grove High School	*
Oak Ridge Elementary School	2-4:30pm
Sakamoto Elementary School	*
Santa Teresa Branch Library	*
Santa Teresa Elementary School	*
Santa Teresa High School	*
Southside Boys & Girls Club	*
Stipe Elementary School	2:30-6pm
Taylor Elementary School	*
The Academy	*
Villa San Pedro Apartments	*
Village of Four Seasons	*

\* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).

## St. James Community Classes

(At the St. James Senior Center)  
199 N. Third Street, San José 95112

Phone: 408-277-4194

Fax: 408-277-4175

Supervisor: Tony Torres

Email: [tony.torres@sanjoseca.gov](mailto:tony.torres@sanjoseca.gov)

Bus Lines: Bus Lines: 22, 23, 64, 66, 72, 73, 82, 180, 304 and Light Rail – St. James Station

## ARTS & CRAFTS

### Art at the Park – New \$48

Come play and make new friends! Join us for a fun-filled hour of art, crafts, music, and movement. This parent/child class emphasizes creativity and pre-socialization skills. Each class ends with circle time activities. Parent participation is mandatory. Food is provided for any cooking project.

*Instructor: Nicole Austin*

Course #	Day	Date	Time	Age	Mtg.	Loc.
237.4.105	F	4/21-6/9	4-5pm	8-10	8	SJ

### Painting and Drawing Exploration – New \$48

Express yourself! Students will learn to draw realistic pictures including a self portrait and still life. Emphasis will be on basic drawing techniques using pencils, oils and pastels. Students will also explore water color, tempera and acrylic paints.

*Instructor: Nicole Austin*

Course #	Day	Date	Time	Age	Mtg.	Loc.
237.4.106	F	4/21-6/9	5:30-6:30pm	10-12	8	SJ

## DANCE

### Hip Hop – New \$43

Learn the basic fundamentals to the latest dance style around today. This exciting street dance class is designed for kids who are interested in learning the choreography of the latest moves, music video dance steps and routines. This class will build coordination, rhythm, timing, flexibility and confidence. There will be a performance the last week of class.

*Instructor: Camp Carter*

Course #	Day	Date	Time	Age	Mtg.	Loc.
237.4.200	T	4/11-5/16	4:30-5:30pm	9-15	6	SJ

*St. James Community Center continues on the next page*



**Keep the Activity Guide**  
handy as a reference or recycle it  
by passing it along to a neighbor,  
friend or coworker.